

## Child and Youth Care Educational Accreditation Board of Canada



Photo by <u>lil artsy</u>: on <u>Pexels</u>



## Let's hear from you!

This newsletter is intended to be a networking resource firstly for the members of CYCEAB and secondly for the broader public interested in the educational practice in the field of Child and Youth Care. Our board wants to celebrate the wonderful work that is occurring within the member programs. Over the next publications of the CYCEAB newsletter, you will get the opportunity to read about what is going on across Canada, and internationally, as we invite members from each membership region to share the work that goes on within their programs.

This newsletter encourages recruitment, and showcasing CYC students and graduates. Take a look at a new resource, and our newest board member spotlight!

Our next newsletter will focus on our **Western region.** Please consider submitting something for our winter newsletter.

### Application deadline is October 31, 2023

Elections will be held at the next AGM on November 16, 2023.

## **Eligibility:**

- Individual, 18 years of age or older.
- Affiliation to a postsecondary institution or a child and youth care association or program.
- Directors serve a term of three years.
- Board director from each geographic region elected annually.
- Board members may serve a maximum of two terms, see full details on CYCEAB website.

## Seeking new members for the CYCEAB Board of Directors!

- Are you an advocate for quality education in child and youth care?
- Are you interested in decisionmaking and collaborative work in educational accreditation?
- Have you thought about how you might contribute to the future of CYC education?
- Consider applying to become a future board member of the CYCEAB.

## Looking for:

- Director-atlarge
- Executive Committee positions

## How to Apply:

Please apply by letter with CV to CYCEAB c/o admin@cycaccreditation.ca

See the website for more details!

#### cycaccreditation.ca

- Time Commitment:
- One 2-hour meeting per month during academic year\*
- \*Two 3-hour virtual planning sessions in April/May
- No scheduled board meetings in July and August.
- Committee leadership and participation with volunteers across Canada approximately 8-10 hours over the academic year.
- All meetings virtual.



CYCEAB Fall 2023 Newsletter

# **Upcoming Events**

## CHILD AND YOUTH CARE EDUCATIONAL ACCREDITATION BOARD OF CANADA

## **Annual General Meeting**

Thursday, November 16, 2:00-3:00 p.m. MST Please adjust to your time zone.



This photo was a winning entry in the 2022 CYCEAB Photo Contest, and it was submitted by Sheridan College in honour of National Reconciliation Day.

Confirm the name and attendance of your voting delegate at: admin@cycaccreditation.ca

Voting can only be done in person at the AGM.

The agenda and annual report with a Zoom link will be sent closer to the meeting date.

#### www.cycaccreditation.ca



## **Members**

Each member institution has the opportunity to provide one voting delegate at the AGM.

## **Elections**

Elections for three new board directors will be held - one from each region of Canada as defined by CYCEAB bylaws.

## Applications

Applications to join the Board of Directors are accepted until Oct. 31. Click on the following link to learn more:

https://cycaccreditation.ca/ opportunities/

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CYCEA

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## SAVE THE DATE!

# LIVE WEBINAR

SHEVA LEON SUICIDE INTERVENTIONS TRAINER AND CYC EDUCATOR

LEARNING AND TEACHING ABOUT Suicide in Cyc Education

THURSDAY 30 NOVEMBER 2023 1 PM 90 MINS

## ZOOM LINK WILL BE PROVIDED

Registration details for this webinar coming soon, mark your calendars!

CACEJ

CYCEA

## **Accreditation Updates** by Wendy Weninger, Accreditation Coordinator



Happy Fall 2023 term to all CYC faculty and programs! Sending best wishes that the new term has started off smoothly and that you will celebrate several successes this academic year.

Just as faculty and programs likely spent time in the spring reviewing course delivery, assessments, program processes, goals, etc. to have a renewed, fresh start this fall, so did the CYCEAB board and its various committees. One key task each spring, led by the Standards Development and Implementation Committee in coordination with the Board of Directors, is the review of accreditation processes, the Self-Study and Site Review Guides, and other documents used by programs engaged in the accreditation process. This is key to the board's ongoing quality improvement. While much discussion occurs to finalize the updates and revisions, sometimes it is difficult for CYC programs and faculty to see what has changed year to year. I thought I would take a moment to highlight some key revisions, although this list is not all-inclusive of the edits made.

- You will see a new look to our accreditation documents such as the Self-Study Guide. The addition of a front cover photo helps identify each year's documents as unique; colour within the document helps distinguish various sections; and numbering replaces bullets in the "What You Need" and "Engaging the Evidence" sections. As well, "Standard" statements have been added to each of the 1.1 to 1.8 sections.
- A revision to the statement outlining the focus of the accreditation process for programs has been made. The statement now reads, "How does the CYC post-secondary program ensure quality in the delivery of education and training for those who serve children, youth, and families?" The accreditation activities including the development of the Self-Study Report and the site review are part of the process of answering this question.

- Acknowledgement of the link between an institutional program review and accreditation, and further how it may vary. There will be programs who have completed an institutional program review in the years immediately prior to engaging in the CYCEAB accreditation process, and others who have not. Still others will align their program review with the accreditation process and coordinate the two to run parallel, and there may be some programs who complete the CYCEAB accreditation in place of the program review. While it is not essential that there has been a recent institutional program review, it is important to note that information from institutional reviews provide background and support to what is required by CYCEAB. What is essential is that the program has at least four years of graduates in which the curriculum meets the CYCEAB requirements outlined in section 1.4 Program Structure and Course Sequencing.
- Clarification of what is expected by programs in completing the Self-Study. It is essential that programs use the listings as checklists in both "What You Need" and "Engaging the Evidence". This ensures that all numbered items in the "What You Need" section are included as appendices and all numbered items in "Engaging the Evidence" include a detailed narrative. Links to documents without a narrative that explain and support how the program is implementing what is asked are considered an incomplete response.
- Identification of what is unique to the CYCEAB accreditation process. The CYCEAB accreditation process is unique compared to many other disciplines due to the reflective nature of the narrative required for the Self-Study submission. Not only the documents which provide evidence on what is done are required, but additional reflection to provide the evidence of how and what is being implemented within the program is necessary. Reflective practice is essential in this process and requires program faculty to be both leading and fully engaged in the discussions initiated by the "Engaging the Evidence" questions. The collective perspective from faculty becomes evident in responses for it provides detail, CYC voice, and evidence of the link between theory and professional CYC practice.

Changes in CYCEAB processes that are significant to note include the following:

- Applications are still due by September 15 annually. The board now formally receives applications to mark the beginning of the accreditation process versus approving them. Accreditation applicants determine whether they are ready to apply for accreditation and engage in the process, which can take two years. The Application Form Part I Checklist and a conversation with the Accreditation Coordinator can help a program makes its decision on whether they are ready to apply.
- A "Submission Review" of the Self-Study Report by the Accreditation Coordinator and assigned reviewers replaces the former quality check completed by only the Accreditation Coordinator. The purpose of the review is to advise the program on whether their submission meets the requirements of "What You Need" and "Engaging the Evidence" outlined in the Self-Study Guide. If the submission review reveals that further information is required in the Self-Study Report, the Accreditation Coordinator will advise the accreditation applicant that they have an opportunity to revise the report and submit it for a second review. If the second submission does not meet the requirements outlined in the Self-Study Guide, the program will be formally notified by the Board of Directors that their Self-Study Report does not meet the requirements for them to proceed to the Site Review stage, and consequently their accreditation application has been closed.

Although put in place for programs accredited in 2022, just a reminder that it is expected that programs will formally review their Quality Enhancement Plan (QEP) annually so they can report on the progress made on their QEP. The QEP is developed as part of the Self-Study section 1.8. A progress report is required at the two-year mark of accreditation, and it is to be submitted to the CYCEAB Accreditation Coordinator, who reports on this to the Board of Directors. This report is for information purposes only. The 2023 versions of all accreditation documents are posted on the CYCEAB website. Please feel free to contact me if you have any questions about any of the accreditation documents, or if you wish to discuss your program's possibility for engaging in the accreditation process. My role is to support programs looking at or actively engaged in the process, so please let me know if there is anything I can do to assist you.

Best wishes for a great academic year!

Wendy Weninger Accreditation Coordinator, CYCEAB Email: <u>wendy.weninger@outlook.com</u> Phone: 403-393-3574

# **Congratulations!**

A big congratulations to the CYC program at Seneca who recently achieved accreditation!





# Board Spotlight

### Meet one of our newest board members, Sheva Leon!

Sheva Leon is a graduate of the MSc of Child and Youth Care Studies from Strathclyde University and is currently a full-time faculty at Mohawk College in Ontario, Canada.

She has had a range of experiences working with children and youth in the poverty-stricken areas of India; with youth living on the streets of Aldershot, England; in childcare settings in Indiana, America; and in hospitals, schools, and residentials group homes in Toronto, Canada.

When she is not teaching in the Child and Youth Care program, she is facilitating suicide interventions



trainings, across Ontario, as a Master trainer for LivingWorks.

She is a recent addition to the CYCEAB board, having joined at the start of 2023. She is also a member of the Communications Committee.

### Fun facts about Sheva:

Sheva was born and brought up in the foothills of the Himalayas in India, where she fought off monkeys on her way to school. Her mother tongue is Hinglish (Hindi and English blend) and she grew up in a boy's orphanage (now a boarding school for boys). She was part of a flapper dance group in her 20s while living in Toronto. Sheva is a mother to 2 boys, currently trying to get rollerblading down and also trying her hand at whittling.

**Fave podcasts:** The Huberman Lab, Hidden Brain, On Purpose w. Jay Shetty, The Moth **Fave pastime:** Reading, walking and swimming.

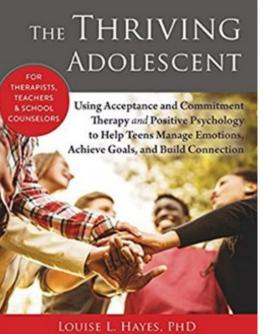
Fave CYC textbook: : Abnormal or Exceptional: Mental Health literacy for CYC

Fave Sport: To watch: Doesn't really watch anything but enjoys live basketball.

To play: Anything and everything—just not spectacularly :)

# **Resource Review**

## The Thriving Adolescent: Using Acceptance and Commitment Therapy and Positive Psychology to Help Teens Manage Emotions, Achieve Goals, and Build Connection



JOSEPH CIARROCHI, PHD Foreword by Steven C. Hayes, PhD

#### By Louise L. Hayes, and Joseph Ciarrocchi

Understanding young peoples' passion, drive and peer engagement can assist in harnessing their energy in a way to help them flourish and reach their full potential. *The Thriving Adolescent* is designed to provide "practical theory and flexible intervention" to do just that, as described by the authors. Based on contextual behavioural science, operant principles, relational frame theory, positive psychology and acceptance and commitment therapy; this approach introduces the DNA-V model that incorporates three skills, "discoverer," "noticer," and "advisor." The model

delivers a particularly comprehensive framework to use in helping adolescents develop strengths, promote resilience, live mindfully, and thrive.

Nicole Murray, a faculty member at Mohawk College, describes the book as a "realistic approach to exploring young people's strengths and developing their social emotional skill set by providing practical interventions that can be implemented and reinforced. Free downloads, webinars and resources offer wide-ranging tools that can easily be used by practitioners and parents alike."

For more information, visit the publisher's website: <u>https://dnav.international/</u>

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## **General announcements**

Celebrate CYC students!

Showcase student awards and accomplishments in our newsletter and on social media!

> Tag us on **Instagram and Facebook!** use #CYCEABcelebrates





CYCEDUCATIONACCREDITATIO

submit a picture

and short blurb!









#### **AN INVITATION**

Are you doing something cool in CYC education? Are you facing a challenge in the field? Do you have CYC news to share? We want to hear from you! Please consider writing something for our next

newsletter.

Email admin@cycaccreditation.ca to submit an article.

# CYCEAB Be Part of the Team!

## Committee Member Recruitment

Are you passionate about CYC Post Secondary education? Do you want to be part of the field as it changes? We want you! Child and Youth Care Educational Accreditation Board of Canada is always looking for committee members! From research to policy to education.

We actively seek members that reflect the people CYC practitioners engage with each day, in classrooms and community.

The CYCEAB supports the inclusion of all people and works to promote the diverse communities we teach, practice, and live within.

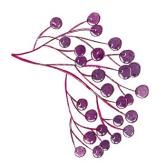
#### Contact :

admin@cycaccreditation.ca to sign up or for more information











## in future issues



Stay tuned for student highlights, interviews, and more!







