# SPRING/SUMMER 2022

#### **Child and Youth Care Educational Accreditation Board of Canada**



Photo by Max Andrey from Pexels



## Let's hear from you!

This newsletter is intended to be a networking resource firstly for the members of CYCEAB and secondly for the broader public interested in the educational practice in the field of Child and Youth Care. Our board wants to celebrate the wonderful work that is occurring within the member programs. Over the next publications of the CYCEAB newsletter, you will get the opportunity to read about what is going on across Canada, and Internationally, as we invite members from each membership region to share the work that goes on within their programs.

This newsletter is focused on the **Western region**. We have membership from the west from the following:

- Douglas College
- Lakeland College
- Lethbridge College
- MacEwan University
- Medicine Hat College
- Mount Royal University
- Red River College
- Saskatchewan Polytechnic
- University of the Fraser Valley
- Vancouver Island University

Enjoy the submissions from University of the Fraser Valley, Saskatchewan Polytechnic, and Vancouver Island University!

Our next newsletter will focus on our **central and northern region**. Please consider submitting something for our spring newsletter.

### **University of the Fraser Valley**

Sarah Thomasen, a student in the Child and Youth Care Program, helped develop a sleep hygiene campaign to share information on social media as part of her third-year practicum. The campaign was geared towards children ages 6-12 and their families and included weekly tips and information about healthy sleep practices. Part of the campaign also included developing and distributing a teacher's information package for the Abbotsford School District. As well, there was a research project, surveying adults on children's sleep habits. Sarah received the Community Service Research Excellence Award for her contributions.

Congratulations, Sarah!







### Vancouver Island University

Two Vancouver Island University Child and Youth Care students will be participating in an international experience in Norway this fall through our Trans-Atlantic Collaboration in Outdoor Studies (TACOS). The Child and Youth Care and Tourism and Recreation Management Programs at Vancouver Island University, Friluftsliv studies departments at the Norwegian School of Sport Science and the University of South East Norway collaborated on the development of a memorandum of understanding that will give Child and Youth Care students the opportunity to engage in experiential course work with about 50 days in the back country while exploring the relationship between outdoor activities and health and well-being. For the first time under this partnership, CYC students will be in Norway for the full fall term experiencing nature-based work and applications to the Child and Youth Care practice.

Nipissing, Lakehead, and Cape Bretton Universities are also involved in the project.

### Saskatchewan Polytechnic

It is with pride I share the work that is happening not only in Sask Polytechnic but in the province of Saskatchewan. There are several shakers and movers from community-based organizations in our province who are leading the way in organizing a professional association for Child and Youth Care Workers. They are to be commended on the work they are doing, and this work will demonstrate the importance of the work done by people in this field as a worthy profession. Stay tuned for further updates on this exciting venture.

Sask Polytechnic has a small but mighty team in the Youth Care Worker program. We have one dedicated full-time instructor/student advisor, one dedicated part-time instructor, and a strong program head who is responsible for another program as well. All of us go participate in the review of our curriculum which is currently underway.



It is with excitement and anticipation for the future that we begin this work. This review provides an opportunity for us to work with our community partners who employ our graduates to create the most current offerings of courses for future learners. The review also allows us to consider applying for CYCEAB accreditation for our diploma program as well.

These two exciting Saskatchewan initiatives, program review with potential accreditation and the establishment of a professional association, will lead us into a positive future offering the best possible training for workers in our province to best meet the needs of children and youth with integrity and pride.

-Cathy Deneiko on behalf of our YCW team at Sask Polytech



# **Board Spotlight**

#### Meet our newest committee - The Practicum Committee!

The Practicum Committee was formed in December 2020 after the research team completed preliminary investigation into Field Work Models in Canadian Child and Youth Care Education (2016). The CYCEAB was able to identify a gap within the area of CYC field work. Four years later, the Practicum Committee. It is now a formalized committee. This committee recognizes practicum to represent the various terms found through the regions including but not limited to, field work, placement, internship, and work integrated learning. integrated learning.

#### The current members are:

- Shelly Currie Nova Scotia Community College
- Shemine Gulamhusein University of Victoria
- Christine Pope- MacEwan University
- Charlotte Serpa Humber College
- Carys Cragg Douglas College
- Michelle Holbrook-Lambton College
- Jenny McGrath MacEwan University
- Saira Batasar Toronto Metropolitan University

The purpose of the Practicum Committee is to promote and support CYC field work as a core component of CYC education. This committee is dedicated to ongoing review of CYC practicum design and delivery to continually promote the development of CYC excellence.

Appreciating the contextual diversity of field work across Canada's post-secondary CYC credentials, the committee intends to achieve the following:

- 1. Develop, review, and recommend practicum definitions and standards.
- 2. Inform and provide recommendations to the Board of Directors as it relates to practicum within CYC education.
- 3. Encourage and support professional development, ongoing research, and information-sharing.

This committee has developed some exciting goals for the coming year! The first goal is to develop and maintain a repository that is full of resources and research connected to post-secondary CYC practicum. This will be easily accessible for all CYCEAB member institutions. We will make an announcement to our mailing list and on social media once it becomes available.



The committee will also be presenting at the National CYC Conference in Canmore Alberta in October 2022. We hope to see you there!

## **Accreditation Updates**

#### by Wendy Weninger, Accreditation Coordinator



# Does the CYC post-secondary program educate practitioners well who serve children, youth, and families?

Programs engaged in the accreditation process aim to demonstrate, through completion of the Self-Study and hosting of the site review, that this is indeed the case. A crucial component of the hard work undertaken by the program is the recognition that ongoing self-improvement is crucial beyond the date that accreditation is granted.

The Quality Enhancement Plan (QEP), section 1.8 of the Self-Study, provides an opportunity for programs to focus on ongoing program development and enhancement in alignment with CYC professional practice. The self-analysis, rich discussions, and reflective thoughts that occur as the Self-Study is being completed provide an examination of how the program is presently doing as well as create ideas for immediate and long-term goals for improvement over the next 5-7 years.

#### How does a program develop a QEP?

From my experiences as the Accreditation Coordinator, this seems to work best when programs keep notations in some format right from the start (e.g., "parking lot", "action items", "to consider" lists, etc. This

means keeping notations as they work through the various sections of the Self-Study Guide's "Engaging the Evidence" bullets. It is indeed hard to remember over time those discussions labelled "great things for us to do" if they are not documented at the time the ideas come up!

Programs report that it quickly becomes evident that such ideas fit into themes, or they align smoothly with the sections of their Self-Study. Most often after the Self-Study sections 1.1 to 1.7 are completed, or nearly finished, programs will look closely at these ideas and refine them to include specific actions, identification of persons responsible, measurements, timelines, etc. A template is provided to help put all details in an easy-to-read and follow format.

Some of the action items may require only a few resources while others may require many more. Perhaps some can be quickly implemented, others may take considerable time. Some may involve "dreams" for program development and may need to be refined down the road. Other actions may require revisions because the situation or context changes. Some may end before they had a chance to be implemented.

Other times new initiatives come along, and the program may focus their resources heavily on those. Programs may include action steps that support compliance with CYCEAB standards or ongoing attention to "routine" actions taken by the program on a regular basis that they wish to maintain (e.g., annual faculty review of course outlines,

assignments, program specific processes, etc.). Recommendations that are actionable from the site review discussions that occurred after the Self-Study was submitted may also be included ... The most important thing is that programs develop a plan to move forward based on their best information at the time of the QEP's creation.

It is expected that programs will formally review their QEP regularly (at least annually) so that an overview of the implementation of the plan can be provided at the program's next application for accreditation. For example, how was the program able to action the steps planned? What were the challenges? What components were added? Revised? It is strongly suggested that documentation of the review be kept on record by the program for future reference and submitted as supporting documentation when re-accreditation with CYCEAB is sought.

Programs previously accredited by CYCEAB will be expected to engage in the full accreditation process upon re-application in addition to providing a detailed summary of the progress, achievements, challenges, etc. from their previous accreditation application's QEP.

The creation of your QEP may seem an overwhelming challenge. That is okay! Remember that as the Accreditation Coordinator, it is my role to support programs throughout the entire time you are engaged in the accreditation process. I am available to answer questions about any section of the Self -Study, including section 1.8 when you are creating your QEP. I am confident you will find this a worthwhile process.

As always, if you have any questions, please feel free to contact me!

-Wendy Weninger
Accreditation Coordinator, CYCEAB

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Phone: 403-393-3574

## Congratulations!

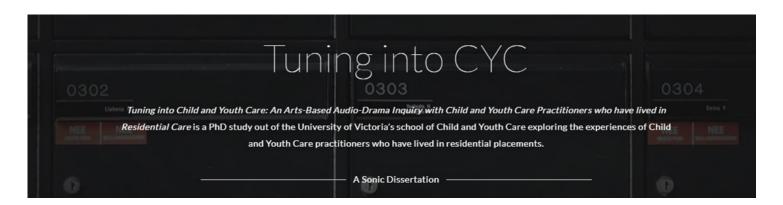
A big congratulations to the Child and Youth Care program at Lambton College, who recently achieved accreditation!





## **Resource Review**

# Tuning into Child and Youth Care: An Audio-Drama Inquiry with Child and Youth Care Practitioners



# Tuning into Child and Youth Care: An Audio-Drama Inquiry with Child and Youth Care Practitioners who have lived in Residential Care is

a doctoral research project within the University of Victoria's school of Child and Youth Care. The study explores the experiences of Canadian Child and Youth Care practitioners who have lived in residential placements.

Child and Youth Care (CYC) is a practice -based field that supports children, youth, families, and communities through a "developmental-ecological perspective [which] emphasizes the interaction between persons and the physical and social environments, including cultural and political settings." (naccw.org.za). Child and Youth Care practitioners from care (CYCPfC) are

people who have formal education in CYC and a history of residential placement, such as group homes, foster homes, semi-independent living, or related institutional arrangements.

Audio drama inquiry is an emerging ethically engaged, community responsive, and aesthetically enticing form of research which exemplifies a methodical and theoretically grounded approach to public knowledge generation, situates itself within existing scholarship, advances arguments through making knowledge claims, and meets well-established ethical standards and institutional regulations for conducting human research. Tuning into CYC., draws on research-based and applied theatre, aesthetic theory, care ethics, and Mad studies to create this sonically dynamic audio drama inquiry.

### Talking to children and youth about world conflict

By Paola Ostinelli, member of the CYCEAB Communications Committee

When conflict, war, a global pandemic, mass shootings, and other traumatic events disrupt the lives of children and youth, it can be difficult to know how we can support young people. Even children and youth far removed from conflict, are exposed to news reports, conversations, and other information through various media sources and the adults around them. Encouraging children to ask questions, answering them honestly using age-appropriate language, asking about their perspective, and acknowledging (and validating) what they're feeling are some of the tips shared by organizations such as the United Nations and the Canadian Red Cross.

One resource discussed in the September 2020 issue of CYC-Online is the **Lifebook for You(th)**. Stemming from "Resilience Camps," by a Dutch nongovernment organization in Croatia and Bosnia, these camps were created for children from foster homes and residential care facilities. The staff at these camps observed that children connected with relatable stories, gained an increased perspective on their past and future experiences, and they experienced higher levels of resiliency (Tobé & Katanaev, 2020).

The Lifebook for You(th) is an evidence-based resource available in English, Ukrainian, Dutch, Polish, and Russian languages.

Most recently, a special edition was created for children who have fled or have been displaced within Ukraine.

## Access the 'My Life Journey Book' at: www.lifebookforyouth.com/mylifejourneybook

#### **Additional resources:**

- Caring for Kids New to Canada for professionals working with immigrant and refugee children and youth: https://kidsnewtocanada.ca/beyond/resources
- Care for Newcomer Children: https://cmascanada.ca/cnc/resources/
- Canadian Red Cross Resources Conflict in Ukraine: <a href="https://www.redcross.ca/how-we-help/current-emergency-responses/conflict-in-ukraine#Welcome">https://www.redcross.ca/how-we-help/current-emergency-responses/conflict-in-ukraine#Welcome</a>
- International Federation of Red Cross Psychosocial Centre resources
  - For Children: <u>https://pscentre.org/resource-category/age-specific/children/?selected=category</u>
  - For Youth: <u>https://pscentre.org/resource-category/age-specific/youth/?selected=category</u>



# REE DOWNLOAD If Life Journey Book is an activity book for children from Ultraine. It is book children can write their experiences of the journey, but all or immenories of Ultraine and their hopes for the future, lifejourney, book strengithers the reallience of children by making an aware of their own strength and sources of support. Alternatin the games, questions are saked about their journey, daily life in raine and in the host country and things that make them happy that she for involve music, food and superhero. If the production is the saked about their journey, daily life in the saked about the saked

#MyLifeJourneyBook

Lifebook for Youth team, Het begint bij mij, FICE NL and Rijksuniversiteit Groningen.

#mylifejourneybook

## CYCEABbe Part of the team!

Committee Member
Recruitment
Are you passionate about CYC
Post Secondary education?
Do you want to be part of the field as it changes?
We want you!

Child and Youth Care
Educational Accreditation
Board of Canada is always
looking for committee
members! From research to
policy to education.

We actively seek members that reflect the people CYC practitioners engage with each day, in classrooms and community.

The CYCEAB supports the inclusion of all people and works to promote the diverse communities we teach, practice, and live within.

Contact :
CYCEAB@lethbridgecollege.ca
to sign up or for more
information



To see the posting, visit: CYCEAB Board Position Description



## **Upcoming Events**



2022 CHILD AND YOUTH CARE

# NATIONAL CONFERENCE

© 511 BOW VALLEY TRAIL, CANMORE, AB T1W1N7

KEYNOTE SPEAKERS



Heather Modlin



Wolfgang Vachon



Mackenzie Brown

Early Bird
Tickets Extended to
June 30th

Reserve Your Seat Now! **Tickets** 

\$475 Standard starting at

\$575

# Reaching for a Better TOMORROW

Our profession has made great strides over the decades and yet there is still much to learn. We invite you to continue this journey with us.

Register at Eventbrite





For more information

info@cycaa.com https://www.cycaa.com/2022-cyc-conference/ 04

#### Education Day Presented by CYCEAB

All are welcome to join in this engaging day of exlporing, reflecting adn creating an image of the future of CYC as a better tomorrow.

05

#### Keynote Heather Modlin Ph.D.

Reaching for a Better Tomorrow: What's love got to do with it?

06

#### Keynote

Wolfgang Vachon Ph.D.

Living Care: How do we bring our whole selves to work?

07

#### Keynote

Mackenzie Brown, B CYC

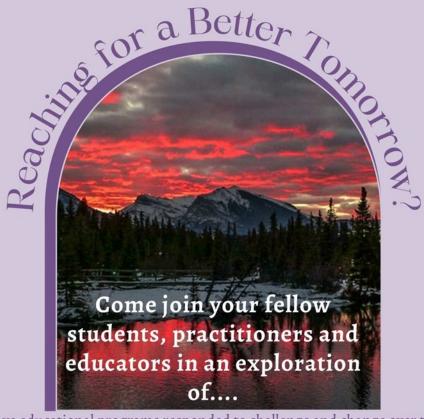
Utilizing Indigenous Art in CYC Practice

Oct 4th, 9am to 4pm

## 2022 Education Day

Alberta CYC National Conference

Cost: \$100 Educators/Practitioners \$50 for Students



- 1) How have educational programs responded to challenge and change over the past couple of years?
- 2) What reflections can you offer about some of the learning?
- 3) What are some things we will keep doing as we move forward?

We will start the day with the opportunity to connect and the chance to be present with each other again. Next, engage in inquiry to consider the challenges and changes we have collectively faced. Finally, we will create an image/metaphor of the future for CYC as a better tomorrow.

Breakfast, lunch and 2 nutrition breaks are provided in the cost of registration



Planned by the Education Committee of Child and Youth Care Educational Accreditation Board of Canada



### Calling all CYC programs!

We're updating images on our website to showcase CYC education in action

- A typical day in the life of a CYC classroom
- Group and team projects and presentations
- Want to celebrate your program's contributions and learning?

#### More details coming soon!



